

Wellness Committee meeting minutes

A meeting for the Wellness Committee was held on 10/28/19 at 2:45 in the Forestville High School Library.

Present: Sheila Fiebelkorn

Brandi Pettit

Brady Deuink

Items discussed:

- Wellness Fair to be held January 15, 2020 in the high school – time is 3:00PM-5:00PM.
- Advertising for Wellness Fair
- Contact vendors
 - o Brady has a spreadsheet of vendor contacts
 - o Brandi will draft an email to invite vendors
 - o Sheila will check with June to be sure space is reserved
- School Health Index should be completed this year
 - o 11 modules for each building to complete
- Wellness week
 - o Idea for elementary building – ask teachers if they would do a wellness related lesson and complete a poster or craft to be displayed in hallway.
- Student wellness representatives are Emma Cole and Javier Figueroa-West
- Invite both principals to next meeting to discuss ideas for wellness week

Next meeting scheduled for 11/18/19 at 2:45 in the high school library

Meeting adjourned at 3:20PM.