

Wellness Committee Meeting Minutes

12/12/2018 @ 2:50 in the HS Library

Members present: Officer Grant, B. Pettit, F. Leone, J. Fitzgerald, J. Tofani, Sylvia Cleary, Rihanna Nasal, T. Brown, S. Klubek, and S. Mierzwa

Discussion Items:

- Jen will be contacting our Health Care provider to see if they would like to participate in our wellness fair.
- Officer Grant will have a booth @ the Wellness Fair.
- Brandi has secured enough pedometers for the step challenge. However, we need at least 30 batteries for them. Jen is looking into funding for them.
- Brandi has also discussed the period 9/period 5 AIS reward with Scot and Greg Greenough.
- Faith is going to work up an email asking for classes to come up with some kind of project with the theme "What does wellness mean to me?"
- Terry will be providing samples of our new smoothies, and will be making up a display board about our Farm to School Grant. We will have several display boards including Snack Sugar Shockers, Rethink your Drink, and a Corporate Challenge in June.
- We have many confirmed vendors for the Wellness Fair, and are still making more contacts.
- Sylvea has decided to dress up as a cucumber, and Rihanna as a carrot to promote wellness during Wellness Week.

Next meeting TBA