

October 17<sup>th</sup>, 2018 @ 2:50 PM  
In the HS Library

Present: Leah Snyder (intern for B. Deuink), B. Deuink, B. Petit, F. Leone, R. Nasal, S. Mierzwa, K. Kofod, & J. Tofani

Discussion items:

Remind Shelia and Ashley to add Health items to website through Brandi and of the School Health Forums through BOCES 10/26 & 5/7

Brandi announced that she has added some recipes to our wellness tab and reminded all of us to submit recipes. She will add to the tab asking the community to submit their recipes

Discussed having farmer's market deliver to the school in the fall, Stacey has made contact and will follow thru...

We then discussed how we had many in house so to speak farm connections...will work on some sort of did you know??? email to the staff.

Wellness Week ideas and homework...

- Jan will contact an Herbalist about having booth at the wellness fair

- Everyone thinking of wellness fair vendors

- Email Scott H about athletic schedule for that week - Stacey

- Yoga- Simone, Pound Emily S. - Brandi will ask if they would be willing to offer a class that week

- Friday-Dress as your favorite Athlete of healthy figure

- Step contest - reward of Friday possible play kick ball or some sort of game in the gym, Brady & Brandi are working on pedometers

Next meeting scheduled for 11/14 @ 2:50 in the HS Library Time adjourned 3:35