

September 19th, 2018
@ 2:50pm in the HS Library

Members present: Janet Tofani, Officer Grant, Karl Kofod, Terry Brown, Sam Chau, Brandi Petit, & Stacey Mierzwa

We welcomed our new member Janet Tofani!

We discussed updating our webpage, adding easy meal and snack ideas, school nurse upcoming health issue tips once we have the webpage updated we would like to send an invitation home with our elementary students inviting our families to check it out.

We discussed National Walk to School Day...October 3. Stacey will email Renee for permission to participate.

We discussed our Wellness Week in January...ideas for that week include, first aid class, babysitting classes, drug and alcohol awareness, wellness fair, pedometer challenge.

We discussed having a family movie night with a movie like Inside Out.

Next meeting 10-17-2018
Meeting adjourned @ 3:35 pm