



Forestville Central School  
Health Information

**Physicals:** All students in Pre-K, K, first, third, fifth, seventh, and ninth grades, sports, and new students to the Forestville Central School District, are required by law to have a physical examination within 30 days of starting school. Our school physician, will be in during the school year to perform the examinations, if we don't receive a physical from your medical provider. If you prefer your child's own doctor to perform the physical, *please make an appointment and return the bottom portion to the school.* The approved NYSED student health examination form is included in this packet. This is the ONLY form that is accepted for physicals. This form should be taken to your child's health care provider for completion. Please return it to the health care office following the physical exam.

**Medication:** If your child needs medication during the school day, please contact the school nurse. All medication will be administered by the nurse. Students are not allowed to bring and administer their own medication. The school nurse will need the following:

1. Doctor's order with instructions. The Parent and Physician's Authorization For Administration Of Medication is Included in this packet. This form should be taken to your child's health care provider for completion and returned to the health office.
2. Medication should be brought in by an adult in an original labeled container. Do not send medication to school with your child.

**Both Schools:** No prescription medications can be given without following the above listed procedures. Some over the counter medications can be given providing we have written authorization from the parent and the signature of either the child's physician or the school physician on the Health Office Medications Parental Permission Form, which is included in this packet. This includes: Tylenol, topical creams, eye drops, tums, Benadryl, throat sprays. If you want your child to have cough drops, please send in a note with a couple of cough drops for the day. Over the counter medications must be supplied by parent in original container.

**In either school:** Any medications found by school staff will be given to the nurse. Children cannot carry or give themselves or each other medication in school unless their prescriber has indicated the student is able to self direct, self carry and self administer the medication.

**Dental:** A law was recently enacted that expands health screenings to include optional dental exams of all students in New York State. A sample Dental Health Certificate, that you may take to your child's dentist, is included in this packet. After completion, it should be returned to the health office to be filed in your child's cumulative health record.

Please call the school's health office if you have any questions or concerns.

The Forestville Central School District does not discriminate in its employment and admission to programs and activities as applicable, on the basis of actual or perceived race, color, creed, sex, sexual orientation, national origin, religion, age, economic status, marital status, veterans' status, political affiliation, domestic victim status, use of a guide dog, hearing dog or service dog, disability, or other classifications protected under federal or state law, and provides equal access to the Boy Scouts and other designated youth groups. The designated district compliance officers will coordinate compliance with the nondiscrimination requirements of Title VI and Title VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, the Americans with Disabilities Act of 1990, as amended, the Boy Scouts of America Equal Access Act, and the New York State Human Rights Law.

The Forestville Central School District Compliance Officers are: Superintendent, 12 Water Street, Forestville, NY 14062 (716) 965-6539 MS/HS Principal, 4 Academy Street, Forestville, NY 14062 (716) 965-2711 Elem Principal, 12 Water Street, Forestville, NY 14062 (716) 965-2742 Complaints may also be filed with the Office for Civil Rights, New York Office, U.S. Department of Education, 32 Old Slip, 26th Floor, New York, NY 10005-2500, phone (646) 428-3800, fax (646)428-3843, email: [OCR.NewYork@ed.gov](mailto:OCR.NewYork@ed.gov).

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My child, \_\_\_\_\_ has an appointment on \_\_\_\_\_ with Dr. \_\_\_\_\_ . I understand that the completed physical form must be returned to the school.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_